



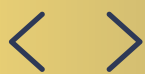
SWDAA

# THE CADENCE

AUG-SEPT 2023

ISSUES 11-12





<https://swdalumni.org>



# Social Media Update: Farewell to Twitter/X

Greetings SWDAA Members and friends,

Twitter/X has made some new guidelines in terms of providing personal information to confirm accounts through a form of identification (Driver's License, Passport etc.). The Kappa Kappa Psi Alumni Association has made an announcement already that they will no longer use Twitter/X. After discussion with the SWDAA Board of Directors at our previous BOD meeting, we have decided that we will follow suit and no longer use Twitter/X. We found that it will be difficult to switch out information when the officer transitions for the Communications Director position occur after convention on Twitter/X and we strongly believe in the confidentiality of our board of directors and members. You can continue to follow us on Instagram and Facebook located on the last page of The Cadence. If you have any questions, feel free to email me at [swdjointalumni@gmail.com](mailto:swdjointalumni@gmail.com).

-

Lea Sanchez

23-24 SWDAA Communications Director

Life Member of the Alpha Chapter of Kappa Kappa Psi





# Serving the Sisterhood: Becoming a CVA

By: Natalia Harrison, SWDAA Chairperson and Lead CVA

In the spring of 2021, I applied to be a CVA for Tau Beta Sigma. Little did I know that it would be one of the best decisions I have made in regards to my journey in the sorority. I was already serving SWDAA and loving every second working with the alumni of our district, but there was a part of me that wanted to serve our active members as well. When offered the position, I happily agreed and started my trek serving the sisters in a new way.

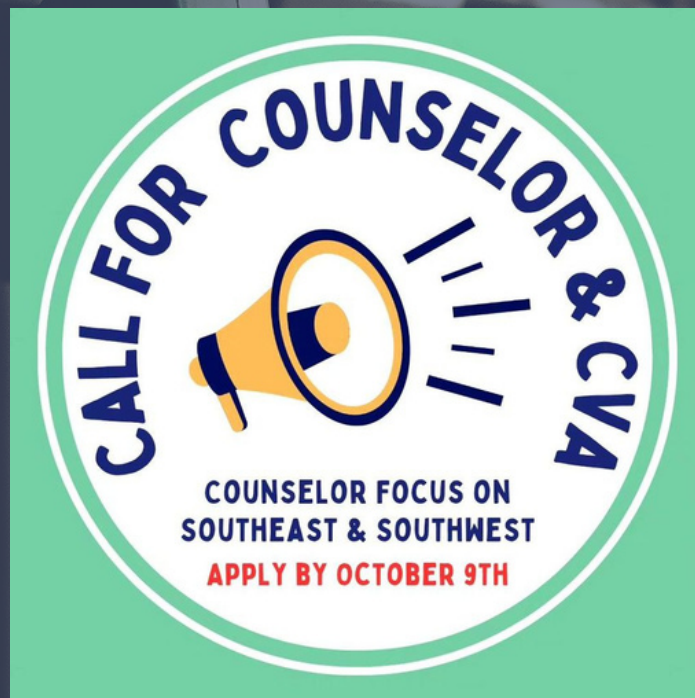
Being a CVA, I get to travel, in person and virtually, to chapters all around the district, and sometimes nation, to do chapter visits. These happen once a biennium for each chapter. Think of it as TBS's version of the CFR program, just volunteer based. CVA's are reimbursed for any travel expenses, but our time is generously given of mind, heart, and hand. I get to communicate with chapters, usually in the SWD, and see what they need to succeed. When planning the visits, I talk with their chapter members, Sponsors, and the occasional Director of Bands to see where the chapter can grow and where they shine. The time commitment of this position is very flexible. Some CVAs do eight visits a biennium and some do four. Any time given is beneficial to the organization.

The relationship I've made with some of these students has really opened my eyes to the differences in active life from when I was there just 4 years ago. The struggle they are still experiencing after Covid is real and an uphill climb. Operations, traditions, and so much more were lost during Covid as people graduated and didn't get a chance to pass things along to the next class. It's my job as a CVA to give them the resources they need to become the best chapters they can be, not necessarily the chapters they were before the pandemic.

The call for CVA's is coming out again soon, and we need all the qualified sisters we can get to help serve the chapters of TBS. All you need to apply is to be 25 years old or above, get two letters of recommendations, a professional and sorority resume, and be passionate about the future of our organization. If you have any questions about the CVA program, or what it looks like to serve in this capacity, please do not hesitate to reach out to me at [natalia@tbsigma.org](mailto:natalia@tbsigma.org) or [swdaachair@gmail.com](mailto:swdaachair@gmail.com).



# TAU BETA SIGMA CALL FOR APPLICATIONS!



Tau Beta Sigma is opening applications for the District Counselor, Counselor-in-Training, and Chapter Visitation Associate positions. More information about this call, as well as the requirements for interested individuals and the application link can be found in an email sent to Alumni members. Contact National President Siobhan Wilkes Bratcher at [siobhan@tbsigma.org](mailto:siobhan@tbsigma.org) with any questions.



# KAPPA KAPPA PSI CALL FOR APPLICATIONS!

## CALL FOR APPLICATIONS

TO SERVE AS OUR 2024-2026

**CHAPTER FIELD  
REPRESENTATIVES**

APPLICATIONS OPEN  
**NOVEMBER 1ST, 2023**

LEARN MORE ON [KKPSI.ORG](https://kkpsi.org).



Soon the National Council of Kappa Kappa Psi will be starting the process for hiring the next CFR's. Over the next few months, Jake and Kennedy will be hosting informational sessions designed to answer all of the questions you might have about life as a CFR, the benefits of the job, and everything in between. Please join the CFR's on October 15th for their first information session.

Sign up here: <https://tinyurl.com/KKPsiCFRInterest2023>



# DISTRICT DAY: AUGUST 2023



On August 12, several SWDAA members traveled to Houston for a weekend of service and fellowship. On Saturday, our members dedicated a day of service to help out the Bush High School Marching Band as they prepare for the upcoming competition season. The following day, our members took a trip to the Houston Zoo for a day of SWDAA fellowship. We would like to thank Bush High School for allowing us to come out and serve the band. A huge thank you and shout out to our Co-MALs Kiki Penn and Ciara Gibbs for planning an amazing weekend!



# CLASS IS IN SESSION



"It's my 10th year teaching and my last year as Ms. McGowan (next year I will be Mrs. Lockwood)! I'm looking forward to making musical memories with my students!"  
-Heather McGowan



"I love my new circle rug that was donated to my room last year! I have circle time there with my PK and Kinder classes."  
-Natalia Harrison



With school in session, several of our SWDAA teachers were asked what they were looking forward to this year as well as talk about their favorite classroom spots.

Members and classrooms pictured are:  
**Wendy Stewart,  
Heather McGowan,  
Jennifer D. Villarreal,  
Natalia Harrison,  
and Kiki Penn**



"I teach in multiple rooms so I'd have to say that the band room is my favorite because of the memories that will be made making music there."  
-Wendy Stewart



"Building the kinetic energy from the beginning of the year to great musical experiences throughout the year. The goal is to create a memorable, musical journey in all concert seasons for my band kids!"  
-Jennifer D. Villarreal



"My favorite area in my classroom are my Hogwarts House banners!"  
-Kiki Penn



# HERENCIA LATINA, CORAZÓN AMERICANO

Happy Hispanic Heritage Month!

**SWDAA Celebrates Hispanic Heritage Month from September 15 - October 15. Together, we celebrate the heritage, traditions, and culture that our Hispanic Brothers and Sisters have contributed to Kappa Kappa Psi and Tau Beta Sigma.**

For more information on the month, check out:  
<http://hispanicheritagemonth.gov/>



# SWDAA FOR EDUCATION IS BACK!



**NOMINATIONS NOW OPEN FOR:  
SWDAA FOR  
EDUCATION**

**How it works!**  
**STARTING TODAY!**

How it works: Any member of SWDAA or active member of Kappa Kappa Psi & Tau Beta Sigma can nominate an individual who meets the requirements as outlined below. At the end of the nomination period, the Programs Committee and BOD will select one individual to receive a \$50 Visa Card to supplement their efforts in the classroom. All other candidates nominations will be used to recognize individuals through our social media outlets. Our hope is to be able to continue to provide this scholarship each semester.

**DEADLINE:**  
**NOV 1ST, 2023**

SOUTHWEST DISTRICT  
ALUMNI ASSOCIATION

SWDAA For Education is an initiative created by the SWDAA Board of Directors as a way to increase the recognition of those alumni members who are serving as educators in our District. We recognize that being an educator has an impact on the future of our society that often goes unnoticed. We are also immensely proud of the alumni members of Kappa Kappa Psi and Tau Beta Sigma who have dedicated their lives to the enrichment of others through education.

To nominate a member, the Google Form is attached here:  
<https://forms.gle/LxMsB8norULwyrh18>

If you have any questions, contact Ame Dunmore, SWDAA Programs Director at  
[swdaaprograms@gmail.com](mailto:swdaaprograms@gmail.com)

#### Eligible educators must:

- Be an Alumni of Kappa Kappa Psi or Tau Beta Sigma
- Live and work in the Southwest District  
OR are members of SWDAA
- Have made lasting impact on their students during the current semester

#### Eligible educators can:

- Teach at any level and in any field or subject matter

STICKERS



POSTERS



BUTTONS



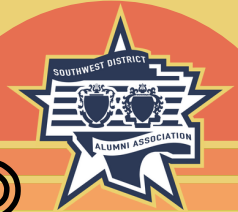
HEADBANDS



WE ARE OPEN  
YEAR ROUND

[SWDAASTORE.SQUARE.SITE/](http://SWDAASTORE.SQUARE.SITE/)

For more information contact,  
[swdaafinance@gmail.com](mailto:swdaafinance@gmail.com)



## HAPPY BIRTHDAY, AUGUST & SEPTEMBER MEMBERS!

Mia Harvey - August 3rd

Johnny Engelke - August 11th

Coco Drane - August 11th

Patrick Caraveo - August 20th

Wendy Stewart - August 21st

Chelsea Rasing\* - August 23rd

Zara Simpson\* - August 27th

Madelynne West - August 31st

Katherine "Katie" Langley - August 31st

Mason Vincent - August 31st

Lea Sanchez\* - September 6th

Sami Kinnison - September 9th

Jennifer D. Villarreal - September 10th

Ruben Anfoso Jr. - September 11th

Mikaela Rhodes\* - September 13th

Xavier Berry - September 17th

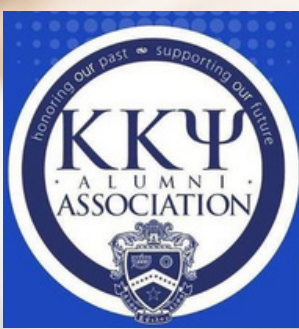
Cam Denler - September 20th

Dino Cardenas\* - September 21st

Tyler Hern\* - September 26th

(\* ) - Distinguishes SWDAA  
BOD, National Leadership, or  
Governor/Counselor






- Save the date for the Quarter Note Forum: Biennium Preview Town Hall, happening on Monday, October 2nd, 2023, at 8pm EST via Zoom. The link will be emailed to all KKPsiAA members!
- Throughout September/October, KKPsiAA will be celebrating Hispanic Heritage Month by highlighting Alumni Brothers around the nation. If you'd like to be featured, please fill in the following form <https://tinyurl.com/KKPsiAAHispanicHeritageMonth>.

- The TBSAA grant will help you to further enhance our great sorority, including helping support your members and make a difference in their sorority experience!
- Applications are due October 1st and can be used for professional development, service to music or the sorority! To apply and for additional information, please visit our website [www.tbsalumni.org](http://www.tbsalumni.org) or our linktree!

Quarter Note Forum:  
**BIENNIUM  
PREVIEW  
TOWN HALL**  
Monday, October 2nd, 2023  
@ 8pm EST / Zoom



**SAVE  
THE  
DATE**

**Hispanic  
Heritage Month**

**Jose Martinez**

Zeta Zeta -  
University of Arkansas at Monticello

**What does Hispanic Heritage Month mean to you?**

- Hispanic Heritage Month is a time for learning. Whether to you that means learning some history, experiencing the culture, eating yummy food, or even playing Hispanic music in your ensemble. If you can learn something about the Hispanic Heritage, then you can retain that knowledge and teach it to the next generation.

**Why is it important for the KKPsi Alumni Association to celebrate these observations with our members?**

- One of the most valuable lessons I have learned during my time as an active member of the Zeta Zeta chapter is to be inclusive. There weren't many Hispanics at the college, but there was one who was an active brother at the time. They reached out to me and I realized that Kappa Kappa Psi wasn't about a certain race, age, or income level. Kappa Kappa Psi is about your love for your band. As long as you loved to serve your band, none of that other stuff matters.

**Apply Today!**  
**Make a Difference**  
**Deadline: October 1st**

**TBSAA  
GRANT  
PROGRAM**

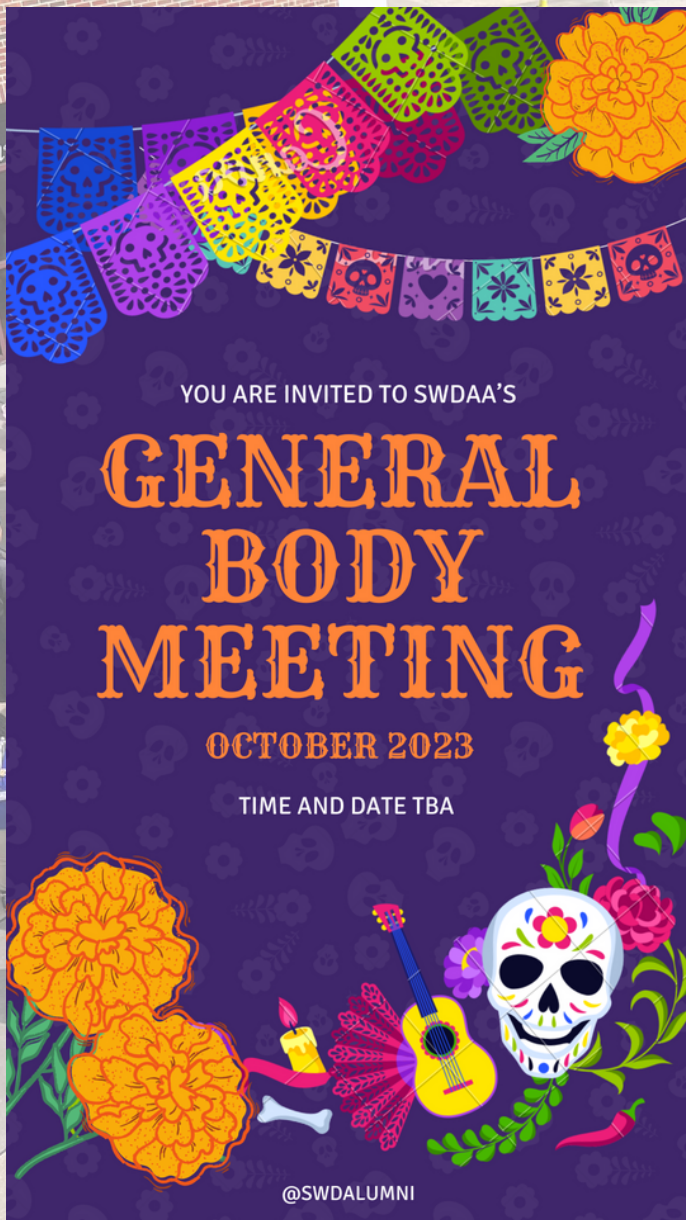
Professional Development  
Sorority Service  
Music Programs

TAU BETA SIGMA ALUMNI ASSOCIATION

**IMPORTANT AA UPDATES**



# UPCOMING SWDAA EVENTS



**This October,  
you are invited  
to SWDAA's Dia  
De Los Muertos  
themed General  
Body Meeting!  
More details will  
be available  
soon!**





# COMMUNITY BAND DIRECTORY



# Arkansas

- Arkansas Winds, Inc.: <http://www.arkansaswinds.org/>
- Hot Springs Community Band:  
<http://www.hotspringsband.org/>
- North Little Rock Community Concert Band:  
<http://www.nlrcommunityband.com/>

# Louisiana

- Bayou Community Band (Thibodeaux):  
<https://www.facebook.com/BayouCommunityBand/>
- Jefferson Community Band (Metairie):  
<http://www.jeffersoncommunityband.org/>
- Lafayette Concert Band: <http://www.lcband.org/>

# New Mexico

- Albuquerque Concert Band:  
<http://www.abqband.org/>
- Mesilla Valley Concert Band (Las Cruces):  
<http://www.mesillavalleyconcertband.org/>

# Oklahoma

- Norman Community Band:  
<https://www.facebook.com/NormanCommunityBand/>
- Owasso Community Band\*:  
<https://www.facebook.com/OwassoHSB>
- Stillwater Community Band:  
<https://stillwatercommunitybands.weebly.com>
- Tulsa Community Band: <http://www.tulsacommunityband.org/>

# Texas

- Allen Community Band:  
<https://www.allencommunityband.com/>
- McKinney Community Band:  
<http://www.mckinneyband.com/>
- Plano Community Band: <http://www.planoband.com/>
- New Horizons Band of Dallas:  
<http://www.nhbdallas.org/>
- Lubbock Concert Band:  
<http://lubbockconcertband.com/>
- Band of the Hills: <http://www.bandofthehills.org/>
- Cinematic Symphony:  
<http://www.cinematicsymphony.com/>
- Austin Symphonic Band:  
<http://www.austinsymphonicband.org/>
- San Antonio Symphonic Band:  
<http://www.sanantoniophysymphonicband.com/>
- County Line Community Band: <http://www.clcbtx.com/>
- Montgomery Community Band:  
<https://www.facebook.com/p/Montgomery-Community-Band-100087843397607/>
- Lone Star Symphonic Band: <http://www.lssb.org/>
- LolliePops: <http://www.lolliepopsband.com/>
- Houston Brass Band: <https://houstonbrassband.org/>
- Houston Pride Band: [www.houstonprideband.org](http://www.houstonprideband.org)
- Oak Lawn Band: <https://www.oaklawnband.org/>
- Pride of San Antonio Showband:  
<https://prideofsashowband.org/>
- Tyler, TX Community Band:  
<https://www.facebook.com/TylerCommunityBand/>
- East Texas Symphonic Band:  
<https://etsymphonicband.org/>
- Lake Country Symphonic Band (Mineola, TX):  
<https://www.facebook.com/groups/339904862754546/>

\*Indicates newly formed community band

Know anymore community bands around the Southwest?  
Contact Lea Sanchez, Communications Director at  
[swdjointalumn@gmail.com](mailto:swdjointalumn@gmail.com)





## Contact us at:

- Natalia Harrison, Chairperson
  - [swdaachair@gmail.com](mailto:swdaachair@gmail.com)
- Chelsea Zuniga, Membership Director
  - [swdaamembership@gmail.com](mailto:swdaamembership@gmail.com)
- Ame Dunmore, Programs Director
  - [swdaaprograms@gmail.com](mailto:swdaaprograms@gmail.com)
- Lea Sanchez, Communications Director
  - [swdjointalumni@gmail.com](mailto:swdjointalumni@gmail.com)
- Ryan Smith, Finance Director
  - [swdaafinance@gmail.com](mailto:swdaafinance@gmail.com)
- Kiara Penn (KKPsi) & Ciara Gibbs (TBSigma)
  - Co-Members at Large
  - [swdaa.comals@gmail.com](mailto:swdaa.comals@gmail.com)

## Follow us on social media:



SouthwestDistrictAA



SWDALumni